

LH02 Exam Version 1

Section: Applied Healthcare & Health Fitness • **Total Questions:** 10 • **Format:** Verified Q&A

1. A student is preparing for a vocabulary quiz and wants to strengthen recall by using flashcards. Which strategy does this describe?

- (A) Spaced practice
 - (B) Dual coding
 - (C) Retrieval practice
 - (D) Interleaving
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2. Which concept refers to how diversity shapes classroom behaviors like participation, respect, and peer interaction?

- (A) Growth mindset
 - (B) Collaborative learning models
 - (C) Cultural norms and behavior
 - (D) Engagement strategies
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3. Which contribution is most closely associated with B. F. Skinner's influence on learning science?

- (A) Highlighting the importance of language acquisition
 - (B) Supporting inquiry through peer interaction
 - (C) Emphasizing reinforcement and behavior shaping
 - (D) Defining stages of cognitive development
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4. How can failure contribute to the development of self-efficacy?

- (A) It reduces the value of a student's effort in goal achievement.
 - (B) It helps a student identify what to change and try again.
 - (C) It confirms a student's limitations and encourages smaller goals.
 - (D) It encourages a student to avoid difficult challenges in the future.
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5. A teacher notices students tend to skip difficult tasks. Which message is most likely to support a growth mindset for the students?

- (A) "Try your best, but don't worry too much about the outcome."
 - (B) "If this one's too hard, pick something else to work on."
 - (C) "Explain what you did when something in the project was challenging."
 - (D) "This task is for students who are ready for an extra challenge."
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6. Which instructional approach is most consistent with Vygotsky's theory of learning?

- (A) Providing answers to students in advance of the task
 - (B) Assigning tasks that require no collaboration
 - (C) Emphasizing individual completion over social engagement
 - (D) Supporting learning through guided interaction with others
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7. How does perceived competence influence a student's approach to learning?

- (A) It makes students hesitant to apply feedback.
 - (B) It supports confidence to engage with challenging content.
 - (C) It leads to surface-level processing of new material.
 - (D) It encourages overreliance on memorization.
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8. As students work on a long-term project, the teacher encourages them to pause periodically to reflect on what they understand and what they still need to learn. Which instructional strategy does this represent?

- (A) Metacognitive strategies
 - (B) Dual coding
 - (C) Inquiry-based learning
 - (D) Concept mapping
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9. During a stressful testing period, a teacher wants to help students manage anxiety. Which classroom strategy supports self-management?

- (A) Letting students talk during the test
 - (B) Avoiding discussion about the test
 - (C) Giving longer breaks between tests
 - (D) Beginning the session with guided breathing
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10. A teacher wants to ensure the classroom library helps students feel represented in what they read. Which approach should be followed to support this goal?

- (A)** Include books that reflect a wide range of cultural experiences and voices
- (B)** Focus on classics that are widely considered essential reading
- (C)** Curate a collection that includes books the teacher enjoyed growing up
- (D)** Use only the books listed in the district's approved curriculum