

LHO2 Introduction to Health Professions

Section: Applied Healthcare & Health Fitness • Total Questions: 10 • Format: Verified Q&A

1. While reviewing study materials, a student marks which concepts they feel unsure about to guide further review. Which strategy should the teacher encourage the student to use?

- (A) Retrieval practice
 - (B) Feedback
 - (C) Metacognitive reflection
 - (D) Interleaving
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2. A student avoids starting a writing assignment and says, 'It doesn't matter. I'll mess it up anyway.' Which strategy would support the student's self-awareness and confidence?

- (A) Reducing the difficulty of all future tasks
 - (B) Asking a classmate to help finish the assignment
 - (C) Practicing thought replacement using sentence starters
 - (D) Letting the student skip the assignment to reduce frustration
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3. Why is it important to reflect cultural diversity in classroom visuals and instructional materials?

- (A) To reinforce students' sense of identity and belonging
 - (B) To introduce students to international travel norms
 - (C) To avoid including controversial topics in instruction
 - (D) To create a colorful classroom environment
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4. In a classroom with flexible seating, some students are distracted by noise from nearby collaborative zones. How should the teacher address this issue?

- (A) Relocate collaborative zones to a separate room
 - (B) Provide special headphones for students who need help focusing
 - (C) Require students to use traditional seating during group work
 - (D) Ask students to complete all collaborative work during designated quiet ×
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5. A student refuses to participate in a group activity, saying, "I do not like working with people who do not think like me." Which strategy effectively supports relationship-building?

- (A) Using a group task to practice working with different viewpoints
 - (B) Letting the student complete the task independently
 - (C) Reminding the class to be polite during discussions
 - (D) Asking the group to fill out peer feedback forms afterward
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6. After a science unit, students struggle to remember terms they previously used correctly in class activities. Which strategy should the teacher implement to improve retention over time?

- (A) Dual coding
 - (B) Retrieval practice
 - (C) Elaborative rehearsal
 - (D) Metacognitive reflection
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7. A teacher observes that students often carry emotional tension into academic tasks. Which strategy promotes better emotional regulation?

- (A) Beginning with mindfulness techniques before transitions
 - (B) Starting with high-stakes tests
 - (C) Letting students talk without structure
 - (D) Skipping emotional routines to save time
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8. Which learning science principle is most directly related to the idea that the brain changes as a result of learning and experience?

- (A) Working memory
 - (B) Neuroplasticity
 - (C) Automaticity
 - (D) Cognitive overload
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9. Which type of praise focuses on the effort and strategies used by a student rather than their inherent abilities?

- (A) Outcome praise
 - (B) Person praise
 - (C) General praise
 - (D) Process praise
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10. A teacher wants to help students focus more on growth and learning strategies than on getting the highest grade. Which approach is most likely to support this classroom culture?

- (A) Allowing students to retake tests for a higher grade
- (B) Posting a chart that compares students' quiz averages
- (C) Highlighting how students used feedback to improve over time
- (D) Recognizing students with the top test scores at the end of each unit