

FF01 Human Growth and Development Version 2

Section: Sociology & Human Behaviour • Total Questions: 10 • Format: Verified Q&A

1. Which reason accounts for a long-term drop in self-esteem in adolescents?

- (A) Competence in peer relationships and appearance
 - (B) Transitioning from one school to another with strong family support
 - (C) Transitioning from one school to another while experiencing family disruptions
 - (D) Competence in romantic relationships and jobs
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2. Which definition describes object permanence

- (A) Infants develop an understanding that objects that are out of sight still exist
 - (B) Infants develop a fear of unfamiliar objects
 - (C) Infants can work with objects without having prior experience
 - (D) Infants have a cognitive understanding that solid objects cannot move through each other
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3. Which personality trait of adults describes the tendency to experience positive emotions and to seek out stimulation and the company of others?

- (A) Conscientiousness
 - (B) Agreeableness
 - (C) Openness to experience
 - (D) Extraversion
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4. How can adults compensate for gradual decline in memory loss?

- (A) They can memorize details, such as concepts and facts, to enhance memory
 - (B) They can solve problems using dichotomies to enhance memory
 - (C) They can use higher-order cognitive skills, such as by forming strategies, to enhance memory
 - (D) They can try to learn unfamiliar material to enhance memory
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5. What characterizes the authoritarian style of parenting according to Baumrind's model of parenting?

- (A) The parents are disengaged from their children
 - (B) The parents expect their children to be obedient and follow all of the rules the parents have made
 - (C) The parents have expectations of their children that are below what could reasonably be expected from them
 - (D) The parents are supportive but not overbearing and allow their children to make constructive mistakes
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6. What action demonstrates emotion-focused coping?

- (A) Watching a funny movie to distract a person who is feeling anxiety
 - (B) Studying regularly for an upcoming exam
 - (C) Practicing dance steps to learn a new dance routine
 - (D) Running each day to prepare for a marathon
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7. What is an example of a basic emotion of fear in infants

- (A) Social referencing
 - (B) Stranger wariness
 - (C) Self-awareness
 - (D) Emotional self-regulation
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8. How does associative play influence psychosocial development of young children?

- (A) In associative play, children play alongside each other, using similar toys, but do not directly act with each other.
 - (B) In associative play, children interact with each other and work toward a common goal.
 - (C) In associative play, children play by themselves and do not interact with others.
 - (D) In associative play, children will interact with each other and share toys but are not working toward a common goal.
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9. What involves a heightened focus on one's self during adolescence?

- (A) Hypocrisy
 - (B) Executive function
 - (C) Altruism
 - (D) Egocentrism
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10. Which behavioral characteristics of a child can facilitate postdivorce adjustment?

- (A) Aggressive temperament
- (B) Outgoing temperament
- (C) Shy temperament
- (D) Easy temperament