# SVO1 Theories of Personalities Exam Version 1

**Section:** Sociology & Human Behaviour • **Total Questions:** 10 • **Format:** Verified Q&A

**1. Which person/individual demonstrates intrinsic motivation according to theories of positive psychology?**

**(A)** One who completes their chores to receive an allowance
**(B)** One who studies class material in order to pass a course
**(C)** One who works overtime at a job to earn more money
**(D)** One who reads a book on botany because it is interesting

**2. Which person demonstrates deficiency motivation?**

**(A)** a nurse who feels fulfilled when helping patients
**(B)** a chef who wants to cook for the sake of cooking
**(C)** a composer who is happiest when creating music
**(D)** an accountant who wants recognition for their successes

**3. Which statement illustrates Allport's theory of functional autonomy?**

**(A)** A child originally saw themselves as having many distinct selves but now, as an adolescent, views the self as singularly directed toward specific career.
**(B)** A child originally evaluated their math skills as weak but now, as an adolescent focuses, their attention on solving math problems carefully.
**(C)** A child originally questioned their commitment to religion but now, as an adolescent, has a life philosophy rooted in religious beliefs.
**(D)** A child originally worked hard in school to please their parents but now, as an adolescent, works hard in school because success is personally satisfying.

**4. What is the importance of Allport’s systematic eclecticism approach to personality?**

**(A)** It focuses on incorporating different behavioral understandings.
**(B)** It focuses on multiple fields of psychology for a holistic understanding.
**(C)** It focuses on individual experiences for deeper understanding.
**(D)** It focuses on one psychological theory for a narrower understanding.

**5. What is an aspect of neuroticism, as defined by the Five-Factor Model?**

**(A)** Neuroticism is positively correlated with taking care of one's health.

**(B)** Neuroticism is positively correlated with higher grades in school.

**(C)** Neuroticism is negatively correlated with falling in love.

**(D)** Neuroticism is negatively correlated with forgiveness toward others.

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**6. Which statement describes a common element of modern theories of personality dynamics?**

**(A)** Personality consists of varied responses to the same stimuli.

**(B)** Personality depends on adjustments to the demands of life.

**(C)** Personality is largely determined by role models.

**(D)** The pursuit of pleasure is a primary motivation.

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**7. Which techniques have schools implemented by applying Adler's theory to create better learning environments for students?**

**(A)** Standardizing teaching approaches to meet the needs of the typical student and minimizing student input in lesson planning

**(B)** Encouraging rewards for high performing students and punishments for low performing students

**(C)** Giving teachers sole authority in the classroom to determine teaching practices with minimal administrative interference

**(D)** Expecting teachers to encourage student motivation and to establish trusting and respectful relationships with students

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**8. How can managers effectively address workplace bullying, according to Adler's perspective on the workplace?**

**(A)** By implementing hierarchical structures, emphasizing authority and discipline

**(B)** By emphasizing personal achievements and by encouraging competition

**(C)** By promoting an atmosphere of mutual respect, collaboration, and belonging among employees

**(D)** By fostering a culture of independence and accountability, encouraging individuals to work alone

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**9. Which personality perspective takes the view that relatives have different personalities based on the difference between genotype and phenotype?**

**(A)** Factor analytic

**(B)** Personological

**(C)** Behavioral

**(D)** Biological

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**10. A teacher focuses their teaching on the needs and interests of their students and acts as a facilitator. Which humanistic theory is the teacher applying?**

**(A)** Personal construct theory

**(B)** Maslow's needs hierarchy

**(C)** Rogers's person-centered theory

**(D)** Positive psychology