Certified Hospice and Palliative Nurse CHPN Exam Review

Section: Hospice and Palliative Nurse Certification Exams • **Total Questions:** 10 • **Format:** Verified Q&A

1. A patient with end-stage liver disease had a paracentesis 2 days ago. The patient has increased agitation, abdominal pain, and fever. Which of the following is the MOST likely explanation?

(A) renal failure
(B) bowel perforation
(C) ascites
(D) electrolyte imbalance

2. What teaching about managing lymphedema should be provided?

(A) Massage the limb
(B) Immobilize the limb
(C) Wear loose garments
(D) Limit exposure to the sun

3. A patient with end-stage cardiac disease declined to create an advance directive. Oxygen needs have increased to 6 liters per minute at rest, and the next hospice certification is in 2 weeks. Which of the following is the BEST action for the hospice team to take?

(A) Assess patient for anemia
(B) Discuss advance directive with the proxy
(C) Discharge for cause from hospice
(D) Reevaluate the goals of care

4. After the death of a favorite patient, a nurse may facilitate a family's closure by

(A) Sending a card to the patient's family
(B) Planning a religious ceremony for the patient
(C) Attending a conference about hospice care
(D) Attending a mandatory memorial service

5. Nursing supervision of a nursing assistant in the home should routinely include evaluation of

(A) efficiency of care
(B) ability to take vital signs
(C) infection control measures
(D) safe driving practices

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6. A home hospice patient with cancer, who is on a ventilator for an unrelated previous spinal cord injury, recently told their nurse that they wish to visit their family at their home, 3 hours away. Which of the following ways can the nurse BEST facilitate the patient's wishes?

(A) Encourage the family to visit the patient
(B) Offer to drive the patient to the family's home
(C) Request a chaplain visit the patient at home
(D) Evaluate the expected outcome of the visit

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7. The primary purpose of a symptom management algorithm is to

(A) support cost containment
(B) provide decision-making guidelines
(C) promote critical thinking
(D) encourage practitioner autonomy

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8. A hospice agency asks an RN case manager to become a member of the Quality Assessment Performance Improvement committee and to present the outcome of the Performance Improvement Plan at the next all-staff meeting. This is an example of

(A) requiring committee participation for license renewal
(B) maintaining a professional development plan
(C) participating in professional nursing activities
(D) obtaining required continuing education for license renewal

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9. Which of the following medications can help increase energy and reduce sedation?

(A) mirtazapine
(B) clonazepam
(C) dronabinol
(D) methylphenidate

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10. Weight loss, temporal wasting, and fatigue are characteristic of

(A) Cachexia

(B) Malnutrition

(C) Scurvy

(D) Anorexia