

Home Health Aide and Certified Nursing Assistant Competency Test

Section: Certified Nurse Aide Knowledge Exams • Total Questions: 10 • Format: Verified Q&A

1. A client may be dehydrated due to:

- (A) a lack of activity.
 - (B) inadequate fluid intake.
 - (C) excessive food ingestion.
 - (D) a salt-free diet.
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2. As a nursing assistant you notice that an alert client is not eating. The first thing to do is

- (A) remove the meal tray
 - (B) ask them why they are not eating
 - (C) inform the charge nurse
 - (D) remember to give them a snack later
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3. When lifting a heavy object, how SHOULD a nurse aide's feet be positioned?

- (A) Close together
 - (B) Shoulder-width
 - (C) Left foot forward
 - (D) Right foot forward
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4. A client on a full liquid diet may have:

- (A) coffee with cream
 - (B) oatmeal
 - (C) vegetable beef soup
 - (D) toast
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5. A urinal is left on the bedside table. The BEST action before further care is to:

- (A) sanitize table with bleach.
 - (B) clean table with a sterilizer.
 - (C) wipe table with soap and water.
 - (D) replace bedside table with a clean one.
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6. To prevent the spread of germs after giving a client a tub bath, you must

- (A) disinfect the tub before the next client bathes
 - (B) rinse the tub in hot water before the next client bathes
 - (C) make sure the client is dressed in clean clothes
 - (D) drain the water completely out of the tub
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7. A client shows the aide a large roll of money. The BEST action is:

- (A) say nothing so others won't know.
 - (B) encourage client to keep money in office safe.
 - (C) tell client to keep money in a wallet.
 - (D) take money to charge nurse right away.
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8. Which of the following requires a primary health care provider's order?

- (A) Wheelchair cushion
 - (B) Afternoon snack
 - (C) Restraints
 - (D) Hand roll
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9. Client refuses unfamiliar foods. The aide SHOULD:

- (A) notify social worker.
 - (B) talk to family.
 - (C) ask about preferences.
 - (D) encourage eating later.
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10. Which of the following is a client advocate who acts on behalf of long-term care facility clients?

- (A) A Dietitian
- (B) B Ombudsman
- (C) C Physician
- (D) D Clergyman