# Certified Nursing Assistant Ohio Exam

**Section:** State Centered Nurse Aide Knowledge Exams • **Total Questions:** 10 • **Format:** Verified Q&A

**1. The charge nurse has asked a nurse aide to take the height of a resident who is on bed rest. What should the nurse aide do?**

**(A)** Measure from the top of the resident's head to the bottom of the heels, with the resident lying in bed.
**(B)** Take the resident out of bed and measure the height in a standing position.
**(C)** Wait until the resident is better and can get out of bed to be measured in a standing position.
**(D)** Tell the nurse that it is difficult to take the height of a resident on bed rest.

**2. The resident likes to talk about being in the army during World War II. Which response by the nurse aide best promotes the resident's self-esteem?**

**(A)** Pretend to listen to the resident's stories.
**(B)** Talk about the nurse aide's uncle's military experience.
**(C)** Ask the resident questions about what the resident did in the army.
**(D)** Encourage the resident to talk about things in the present not the past.

**3. During your resident's shower, you noticed that one of your gloves has torn and your hand has been exposed to bodily fluids. Your best steps are:**

**(A)** remove gloves, dispose of gloves, perform hand hygiene, replace gloves
**(B)** remove gloves, replace gloves, continue with shower
**(C)** call for help, remove gloves, perform hand hygiene, replace glo
**(D)** call for help, perform hand hygiene, replace gloves, continue w

**4. Julia, who is caring for Mrs. Smith, allows Mrs. Smith to talk about her husband, who passed away several years ago, as if he is still alive. This is an example of:**

**(A)** validation therapy
**(B)** redirection
**(C)** reminiscence therapy
**(D)** reality orientation

**5. White blood cells are responsible for:**

**(A)** delivering oxygen to the bodies cells
**(B)** the clotting of the blood
**(C)** fighting infection
**(D)** making synovial fluid

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**6. The nursing assistant is going on break and observes a resident slumped in their wheelchair. The nursing assistant should:**

**(A)** reposition the resident immediately
**(B)** report this to the supervisor
**(C)** tell the assistant assigned to the resident
**(D)** reposition the resident after break

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**7. As food passes through the digestive system, changes can lead to:**

**(A)** certain nutrients not being absorbed
**(B)** increased constipation
**(C)** increased diarrhea
**(D)** bowel incontinence

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**8. A resident who is pacing is at risk for**

**(A)** sundowning
**(B)** agitation
**(C)** elopement
**(D)** skin breakdown

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**9. A resident has an order for restricted fluid intake. Which of the following must be measured as fluid intake?**

**(A)** Pudding
**(B)** Pureed fruits
**(C)** Chicken broth
**(D)** Mashed potatoes

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**10. Which of the following is the most important reason why a resident is weighed upon admission to a nursing home?**

**(A)** To let the resident's family know how much the resident weighs.
**(B)** To check on future weight loss or gain of the resident.
**(C)** To show what size gown the resident will need.
**(D)** To order the correct diet for the resident.

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